

# **Pennine Academies Yorkshire**

# **Medical Needs Policy**

Choose an item.

Date Policy Written:	May 2022
Date Policy Ratified:	May 2022
Date Policy to be Reviewed:	May 2024

#### Context

The Children and Families Act September 2014 will place a duty on Governors, alongside the Head of School/trust, to make arrangements for children with medical conditions. Our School/trust Medical Conditions Policy states how school/trust will support children with medical conditions to ensure that all staff understand their role in making the policy work.

This policy will be made available to parents/carers, pupils and staff.

This policy has been written taking into consideration the following guidance and legislation:

- DFE Supporting pupils at school/trust with medical conditions (2015)
- SEN Code of Practice (2015)
- Statutory Framework for Early Years Foundation Stage (2014)
- COSHH (2002)
- Management of Health and Safety at work regulations (1999)
- The Medicines Act (1989)
- The Health and Safety at work Act (1974)
- The Misuse of drugs Act (1971)
- The Medicines Act (1968)

#### AIM

To ensure all children, as far as practicable, are able to attend school regularly and have equal access to the curriculum and full participation in school life.

This school is an inclusive community that welcomes and supports pupils with medical conditions. The school will make sure all staff understand their duty of care to children and young people in the event of an emergency and that all staff feel confident in knowing what to do in an emergency.

We understand that certain medical conditions are debilitating and potentially life threatening, particularly if poorly managed or misunderstood and understands the importance of medication and care being taken as directed by healthcare professionals and parents.

All staff understand the medical conditions that affect pupils at this school/trust. Staff receive training on the impact medical conditions can have on pupils.

### INDIVIDUAL HEALTHCARE PLANS (Appendix A)

Children with medical conditions will need Individual Healthcare Plans, tailored to a child's particular needs and agreed by the school, parents/carers and child (if appropriate) and the relevant Healthcare professional.

Trustees and the Headteacher/Chief Executive will ensure sufficient staff are trained to support children with medical conditions and that all relevant staff are aware of a child's condition and understand the child's Individual Healthcare Plan.

Trustees and the Headteacher/Chief Executive will ensure that plans are reviewed regularly or earlier if the child's needs change. They should be developed in the context of assessing and managing risks to the child's education, health and social well-being and to minimise disruption.

### Roles and Responsibilities

#### Headteacher/Chief Executive

- To bring this policy to the attention of school staff and parents and to ensure that the procedures outlined are put into practice.
- To ensure that there are sufficient First Aiders and appointed persons for the school to be able to adhere to this policy.
- To ensure that staff receive appropriate support and training.

To ensure that parents are aware of the school's Medical Condition's Policy.

#### Staff

- To follow the procedures outlined in this policy using the appropriate forms.
- To complete a health care plan in conjunction with parents/carers and relevant healthcare professionals for children with complex or long term medical needs.
- To share medical information as necessary to ensure the safety of a child.
- To retain confidentiality where possible.
- To take all reasonable precautions to ensure the safe administration of medicines.
- To ensure regular medication that is kept in school other than inhalers are in date
- To contact parents/carers with any concerns without delay.
- To contact emergency services if necessary without delay.
- To keep the first aid room and first aid boxes stocked with supplies.
- To ensure medical needs are carefully planned for both at school and on school trips.
- To ensure personal medication is stored away safely from children.

#### Parents/ Carers

- To give the school adequate information about their children's medical needs prior to a child starting school/trust.
- To notify the school of changes in a child's medical needs, e.g. when medicine is no longer required or when a child develops a new need, e.g. asthma.
- To follow the school's procedure for bringing medicines into school.
- To only request medicines to be administered in school when essential.
- To ensure that medicines are in date and that asthma inhalers are not empty.

#### **Pupils**

- To be involved in discussions about their medical needs.
- To contribute as much as possible to the development of and comply with, their healthcare plan.

#### Health Care Professionals

- Support school to support medical needs with advice and liaison.
- Provide staff training as appropriate to ensure best practice and care of pupils.

## **ROLE OF THE SCHOOL NURSE (local authority)**

The role of the school nurse is critical. The school nurse is responsible for notifying the schoolwhen a child has been identified as having a medical condition, who will require support at school. School Nurse will work with Headteacher/SENCo to determine the training needs of school staff. The school nurse will confirm that school staff are proficient to undertake healthcare procedures and administer medicines.

We have clear guidance on providing care and support and administering medication at school.

We understand the importance of medication being taken and care received as detailed in the pupil's care plan.

We will make sure that there is more than one member of staff who have been trained to administer the medication and meet the care needs of an individual child. School will ensure that there are sufficient numbers of staff trained to cover any absences, staff turnover and other contingencies. Our board of trustees has made sure that there is the appropriate level of insurance and liability cover in place.

This school will not give medication (prescription or non-prescription) to a child under 16 without a parent's/carer's written consent except in exceptional circumstances, and every effort will be made to encourage the pupil to involve their parent/carer, while respecting their confidentiality.

A child who requires an Epi-Pen will have their medication kept in a box with the child's name and picture. Written permission must be given from parents/carers for the school/trusts spare emergency Epi-Pen to be administered if there is a failure of administering their own.

In the event of a possible severe allergic reaction in a child who does not have a registered allergy, emergency services (999) should be contacted and advice sought from them as to whether administration of the spare emergency Epi-Pen is appropriate.

We will make sure that a trained member of staff is available to accompany a pupil with a medical condition on an offsite visit, including overnight stays.

Parents/carers at school understand that they should let the school know immediately if their child's needs change.

#### **MANAGING MEDICINES ON SCHOOL PREMISES**

The trustees should ensure that policies are clear about the procedures to be followed for managing medicines.

- Wherever possible, a parent or carer may be required to visit school to administer routine medicines such as paracetamol or antibiotic doses.
- Medicines should only be administered at school when it would be detrimental to a child's health or school attendance not to do so.
- No child under 16 should be given prescription or non-prescription medicines without their parents/carers written consent.
- A child under 16 should never be given medicine containing aspirin unless prescribed by a doctor. Medication
  e.g. for pain relief should never be administered without first checking maximum dosages and when the
  previous dose was taken.
- Where clinically possible, medicines should be prescribed in dose frequencies which enable them to be taken
  outside school hours, for example school will administer antibiotics that are to be taken four times a day,
  however three times a day should be administered at home (the start of the day, at collection/pick up time and
  then before bed).
- School should only accept prescribed medicines that are in-date, labelled, provided in the original container as
  dispensed by a pharmacist and include instructions for administration, dosage and storage. The exception to
  this is insulin which must still be in date, but will generally be available to school inside an insulin pen or a pump,
  rather than its original container.
- All medicines should be stored safely. Children should know where their medicines are at all times and be able
  to access them immediately. Medicines and devices such as asthma inhalers, blood glucose testing meters and
  adrenalin pens should be always readily available to children and not locked away. This is important for school
  trips.
- We will keep controlled drugs that have been prescribed for a pupil securely stored in the locked medicine cabinet in the medical room. For those medicines that need to be kept in a fridge they will be kept in a locked box inside the fridge. A member of staff may administer a controlled drug to a child for whom it has been prescribed, providing they have received specialist training/instruction and there will always be another member of staff there to check dosages and that the correct medication has been given (Appendix D). Records should be kept showing dosage, when administered and by whom and who witnessed the administration (Appendix C). At the end of the day the parent or carer will collect the medication from the office and sign to say they have been passed on the information about the last dose and time of its administration (Appendix D). For those medicines that are given daily as part of a child's need the medication will be kept in school/trust and parents will not need to sign and check information daily.
- Medicines will not be accepted in school that require medical expertise or intimate contact.
- All medicines must be brought to the school office by an adult. Medicines must NEVER be brought to school/trust in a child's possession. This includes cough medicines/sore throat sweets. If teachers notice these then they must send the child to the office to hand them in. Sore throat/cough sweets should not be given at break times as they can pose as a choking hazard if the child is playing/running around. If needed, sore throat/cough sweets should be taken in the classroom whilst seated before break time.
- The adult is required to complete a parental agreement form (Appendix B) at the school office for the medicine to be administered by school staff.
- Medicines should be returned to parents for disposal. Sharps boxes should always be used for the disposal of needles and other sharps.
- Parents/carers may come to the school/trust office to administer medicines if necessary at the discretion of the Headteacher/Chief Executive.
- If a child refuses to take medicine, staff must not force them to do so. The refusal should be recorded and parents informed.

• Variation in dosage cannot be made on parental instruction alone. Staff will follow instructions from the pharmacist and will query any discrepancies.

#### **RECORD KEEPING**

Trustees should ensure that written records are kept of all medicines administered to children. Records offer protection to staff and children and provide evidence that agreed procedures have been followed. Trustees review the medical records annually in order to ensure they are aware of the type of needs being addressed in school/trust, by whom and to what extent.

- If the school/trust is to administer any medication, then the 'medicines in school form' must be completed and given to the office. A named first aider will be assigned to administering a child's medicine they will ensure the medicine is distributed as stated and will ensure a witness is there to check the correct amount has been given and sign the form. There will always be two people present when administering medicine. (Appendix D)
- The office will also ensure that the parents/carers care signs to say they note that the correct dosage has been given and the time of this.
- Medical records will be kept on file for a minimum of 2 years after the child has left school.

#### PRACTICE WITHIN SCHOOL/TRUST

- Photographs and details of individual pupils with specific medical / dietary requirements are permanently on display in the school kitchen The office staff will also pass on any relevant medical information to the school kitchen and dinner ladies. The office staff will also make sure the sports coaches, music teacher and after school club teachers are aware of this file and any children in their groups with medical needs.
- Class teachers hold a list of the pupils in their class which has details of the medical and dietary needs of pupils as informed by parents.
- The majority of staff attend annual Epi-Pen training.
- Several members of staff are trained in first aid, and / or in paediatric first aid. Training is kept up to date with staff attending refresher courses prior to the expiry of the previous training.
- For children with specific needs, such as diabetes, health professionals (in most cases the school/trust nurse)
  attend staff training along with parents in order to explain in detail and ensure staff are aware of the nature
  and extent of the need.
- Asthma inhalers should be stored in the child's classroom within the child's reach and labelled with their name and should be taken with the child during physical activities and visits outside of the school/trust.
- No medicines, other than asthma inhalers and emergency medication listed above, may be kept in the classroom.
- Parents/carers are responsible for monitoring the expiry of any long term medicines, unless it is a regular medication that is kept in school/trust. Parents/carers should ensure any medication taken away should be returned to a pharmacy for disposal if needed
- Medicines will be stored in the main school office in the locked medical box. Medicines that require to be stored
  in a fridge will be kept in a locked box in the fridge. The key to the locked medical box will be kept in the school
  office.
- Staff are responsible for ensuring the safe storage of any medication they may require.
- Teachers must ensure that inhalers are taken into PE lessons and outside when the fire bell goes.

#### **MEDICINES ON SCHOOL TRIPS**

Children with medical needs are given the same opportunities as others. Staff may need to consider what is necessary for all children to participate fully and safely on school trips and residential trips. Staff should discuss any concerns about a child's safety with parents.

- The trip coordinator is responsible for designating a school First Aider(s) for the trip
- The trip coordinator is responsible for ensuring that arrangements are in place for any child with medical needs prior to a trip taking place, including ensuring that asthma inhalers are carried as required.
- A copy of any relevant health care plan should be referred to when planning the trip.
- The designated school First Aider on the trip will be responsible for carrying emergency medication and administering any medicines required.

• When children are spending time away from home non prescribed medicines will be administered with prior agreement between parents/carers and school. Any such requirement would be detailed on the health form. This may include travel sickness and allergy tablets.

### School attendance during/after illness

- Children should not be at school when unwell, other than with a mild cough/cold.
- Symptoms of vomiting or diarrhoea require a child to be absent from school/trust and not to return until clear of symptoms for 24 hours.
- Children should not be sent to school with earache, toothache or other significant discomfort.
- Children should not be sent to school with an undiagnosed rash or a rash caused by any contagious illness.
- Any other symptoms of illness which might be contagious to others or will cause the child to feel unwell and unable to fully participate in the school day require the child to be absent from school.

### **EMERGENCY PROCEDURES**

- Individual care plans should define an emergency and procedures which should be followed.
- Any injury sustained at school will be reported to the First Aider who will decide whether any further medical advice needs to be taken and whether parents/carers need to be informed.
- A child who requires an Epi-Pen will have their medication kept in a box with the child's name and picture. Written permission must be given from parents/carers for the school spare emergency Epi-Pen to be administered if there is a failure of administering their own.
- In the event of a possible severe allergic reaction in a child who does not have a registered allergy, emergency services (999) should be contacted and advice sought from them as to whether administration of the spare emergency Epi-Pen is appropriate.
- In the case of a head injury not requiring treatment school staff will send an accident slip home, speak to parent/carer and give a "bumped head" sticker. School will also ring the parents to notify that their child has a bumped head.
- If a child needs to be taken to hospital, staff should stay with the child until the parent/carer arrives, or accompany a child taken to hospital by ambulance. Staff should not take children to hospital in their own car.

### **UNACCEPTABLE PRACTICE**

Trustees should ensure that school/trust policies are explicit about what practice is not acceptable. Although school/trust staff should use their discretion and judge each case on its merit, it is not generally acceptable practice to:

- Prevent children from easily accessing their inhalers and medication and administering their medication when and where necessary.
- Assume that every child with the same condition requires the same treatment.
- Ignore the views of the child or their parents/carers.
- Send children with medical conditions home frequently or prevent them from staying for normal school/trust activities including lunch.
- If the child becomes ill, send them to the school office or medical room unaccompanied.
- Penalise children for their attendance record if their absences are related to their medical conditions, e.g. school appointments.
- Prevent children from drinking, eating or taking toilet or other breaks whenever they need to.
- Require parents/carers or otherwise make them feel obliged to attend school to administer medication or
  provide medical support to their child, including with toileting issues. No parent should have to give up working
  because the school is failing to support their child's medical needs.
- Prevent or create unnecessary barriers to children participating in any aspect of school life, including school trips, e.g. requiring parents to accompany the child.

All staff have annual training informing them of the range of medical needs in school/trust and the support required to manage this. The majority of staff attend annual Epi-Pen competence training. Staff supporting individual children with specific medical needs have training appropriate to the children in their care. For example, around diabetes management or cystic fibrosis.

Qualified first aiders attend refresher training to ensure their qualification remains up to date.

## Appendix A

# **Individual Healthcare Plan Pennine Academies Yorkshire**

Photo		
Child's name		
ŀ		
Group/class/form		
Date of birth		
Child's address		
Medical diagnosis or condition		
Date		
Review date		
Family Contact Information		
Name		
Phone no. (work)		
(home)		
(mobile)		
Name		
Relationship to child		
Phone no. (work)		
(home)		
(mobile)		
Clinic/Hospital Contact		
Name		
Phone no.		
L		
G.P.		
Name		
Phone no.		
Who is responsible for providing	support in school/trust	
Describe medical needs and giv devices, environmental issues et	ve details of child's symptoms, triggers, signs, to	treatments, facilities, equipment or

Name of medication, dose, method of administration, when to be taken, side effects, contra-indications, administered by/self-administered with/without supervision
Daily care requirements
Specific support for the pupil's educational, social and emotional needs
Arrangements for school/trust visits/trips etc
Other information
Describe what constitutes an emergency, and the action to take if this occurs
Who is responsible in an emergency (state if different for off-site activities)
Plan developed with

Staff training needed/undertaken – who, what, when				
Form copied to				

## Appendix B

## Parental Agreement to Administer Medicine Form

Name of Child Date of Birth Year Medical Condition/Illness Name/type of medicine (as described on the container)			
Dosage and Method			
Timing			
Special Precautions/Other Instructions			
Are there any side effects that the school/trust needs to be aware of?			
Self-administration	Yes	No	
Procedures to take in an emergency			
NB: Medicines must be in the original container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the pharmal statement of the container as dispensed by the con	rmacy		
I understand that I must deliver and collect the medicine personally from	m the main school office.		
The above information is, to the best of my knowledge, accurate at the till staff administering medicine in accordance with the school/trust policy writing, if there is any change in dosage or frequency of the medication	. I will inform the schoo	l/trust immediately, in	
Signed Dated			
Name (printed)Relationship to child			

## **Medicine Administration**

Date	Childs name	Time	Name of medicine	Dose	Signature of staff	Verified by	Parent/Carer check

#### Appendix D

## **Administering Medication Procedure**

All medication should be administered in the assigned medical room with the exception of inhalers, Epi-Pens and emergency allergy medication

- 1. Sit the child down in a chair.
- 2. Take out the child's consent form.
- 3. Unlock the cupboard.
- 4. Ask the child their name.
- 5. Take the medication with their name on out of the cupboard.
- 6. Read out name of medication and check the expiry date.
- 7. Verifying adult to check the name read out with the name on the consent form.
- 8. Record child's name, date, time and name of medication on the administering form.
- 9. Administer medication with verifying adult observing at all times.
- 10. Place medication back in the secure cupboard.
- 11. Record on administering form dose given your own signature and ask the verifying adult to sign.
- 12. At the end of the day hand over medication and administering sheet to parent/carer and ask them to sign the form. Appendix C.