

Growing and Blossoming "Aspiration, Inclusion, Happiness"



Monday 2nd September 2024

## Swimming Lessons - Update

Dear Parents and Carers,

Due to unforeseen events over the Summer break, it is with regret that I have to inform you that we will not be able to accommodate the pop up pool. This means that your child **will not be swimming every day**. They will, however, be swimming every week on a Wednesday at Eccleshill Pool. Swimming lessons will start on **Wednesday 11th September 2024** and run until Wednesday 16th July 2025. Transport to and from the pool is provided and all children must come to school as normal in the morning.

Your child will swim every week throughout the year. Each week they will need to bring:

- Swimwear
- Goggles or a swim cap
- Towel
- Sliders or Flip Flops
- Swimming Cap
- Plastic bag to put the wet swimwear in

## Swimwear

- Girls: one-piece swimming costume
- Boys: swimming trunks or swimming shorts (above the knee)
- Children may choose to wear rash vests and or leggings for modesty if they wish
- Long hair **must** be tied back
- Jewellery is not permitted at all during school swimming lessons
- There are both boys and girls changing rooms at the swimming pool so the children can get changed in private. It is not necessary for the children to come to school in their swimming kit.

Headteacher: Mrs E Monnery Deputy Headteacher: Mrs S Canning





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## **The National Curriculum**

The swimming programme has been created with the support of **Swim England and Royal Life Saving Society** and aims to ensure every child leaving primary school is able to meet the Swimming National Curriculum requirements, which are:

- Demonstrate safe self-rescue and evidence of this in different water-based situations.
- Swim confidently, competently, and proficiently over a distance of at least 25m.
- Perform a range of strokes confidently and competently.

If you have any questions at all, please don't hesitate to contact our school office.

Yours Sincerely,

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Mrs Monnery Headteacher