



Growing and Blossoming
"Aspiration, Inclusion, Happiness"

Crossley Hall Primary School

Monday 25th November 2024

My Happy Mind - Parents Event

Dear Parents and Carers

My Happy Mind is a programme we use in school which helps to prepare our children for the world by building resilience and balanced happy minds.

We would like to invite parents of **Year 1-6** into school on **Monday 2nd December 2024 from 8.50 until 9.30** to join in with My Happy Mind lesson with your child, before having an opportunity to learn about the programme and how you can use the My Happy Mind App at home.

You can book your session via the Arbor App on your child's profile:

- Log into your Arbor Parent Portal
- Scroll down and select 'Clubs'
- Select 'My Happy Mind Event' and book yourself in

Yours Sincerely



Mrs E Monnery
Headteacher

Headteacher: Mrs E Monnery
Deputy Headteacher: Mrs T Bramley



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