

Outdoor Play and Learning (OPAL) at Crossley Hall.

Information for Parents and Carers

**Play makes up
20% of school life**

Per Year

- 231 hours
- 37 days
- 7.4 weeks

Primary Years

- 1.4 years

OPAL aims for children to have happier, healthier playtimes where the children are encouraged to be physically active in their play and have fun in all weathers.

Benefits of OPAL:

- Improved happiness and Wellbeing.
- Increased learning time due to reducing problems arising.
- Improved behaviour
- Improved Core Development
- Increased Physical Activity

Take a look at what we get up to at playtime:



